

Weekly Programs Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00am – 11:00am	Free Skate 11am – 12pm	Pickleball/Walking in the Hall 10am – 2pm	Indoor Playground/Walking in the Hall 10am – 2pm	Move n' Mingle 10:15am – 11am	Free Skate 10am – 12pm	Move n' Mingle 10:15am – 11:30am	Zumba 10am – 11am
11:00am – 12:00pm							
12:00pm – 1:00pm				Indoor Playground/Walking in the Hall 11am – 6pm	Indoor Playground/Walking in the Hall 10am – 2pm	Free Skate 12pm – 2pm	Adult Shinny 12pm – 1:30pm
1:00pm – 2:00pm							
2:00pm – 3:00pm		Adult Shinny 2pm – 3:30pm			Adult Shinny 2pm – 3:30pm		
3:00pm – 4:00pm							
4:00pm – 5:00pm							
5:00pm – 6:00pm							
6:00pm – 7:00pm	BINGO 6pm – 9pm		Calgary Kyokushin Karate 6:30pm – 9pm	Pickleball 6pm – 9pm	BINGO 6pm – 9pm		
7:00pm – 8:00pm							
8:00pm – 9:00pm							

Programs in pink are run through other organizations. Please use the contact information below for information regarding these programs:

Zumba: 403-554-8697

Calgary Kyokushin Karate: 403-669-3516

Move n' Mingle: 403-955-1554 or 403-863-7708